

LIFEnotes

THE BEST IS YET TO COME

January 6, 2025



Dear Friends:

Welcome to 2025! It's time to start fulfilling your New Year's resolutions – which, if you are like most people, you will give up on after a few weeks and certainly by the end of a month or two.

So, in that spirit, rather than resolving to eat healthier or join a gym, I wanted to share a “top 10” funny and “punny” resolutions (courtesy of writer Nick Thomas) guaranteed to give you a laugh – which is something we all should resolve to do more of, and actually keep in 2025: LAUGH!



The Breakers, Palm Beach

- ★ Lose all the weight we put on last year – “But in our defense, we had a lot on our plate.”
- ★ Re-learn how to throw a boomerang – “Hopefully it will come back to us.”
- ★ Order a chicken and an egg online – “To see which one comes first.”
- ★ Clean all the mirrors in the house – “I can see myself doing that.”
- ★ Stop eating deli meats – “It might be hard to quit cold turkey.”
- ★ Buy a new golf shirt – “Over the holidays, I got a hole in one”
- ★ Search the house for a lost watch – “If I can only find the time!”
- ★ Stop procrastinating – “Eventually!”
- ★ Sell the vacuum cleaner – “It's only collecting dust!”
- ★ Learn how to pick locks – “It should open a lot of doors in 2025!”

Seriously, though, there is one resolution I'd like to suggest we all make and keep because it will transform the lives of so many individuals in need: Be as generous as we can with our time, energy, and philanthropy.



Global music sensation Paul Anka

The best way to fulfill this resolution is by supporting **LIFE's 31st Annual Lady in Red Gala on Sunday, March 2 at The Breakers**. As you know, we will again welcome – by very popular demand – global music sensation Paul Anka and comedian extraordinaire Jay Leno – as our featured entertainers. Plus, the Palm Beach Symphony will perform its vast repertoire of Broadway show tunes during the sumptuous cocktail hour and the Danny Beck Band will keep us dancing the night away following the delicious dinner and extravagant dessert.

But the biggest reason we should make and adhere to our resolution to be more philanthropic in 2025 is because our collective beneficence will help ensure that:

Children in our area don't go hungry, thanks to our support of the Lois' Food4Kids program at the Palm Beach County Food Bank. This program provides healthy meals and snacks to children when they are not in school – holidays, vacations, winter and spring breaks, closures due to extreme weather, and weekends.

Veterans won't have to continue suffering from Post-Traumatic Stress Disorder, thanks to our support of Pups4Patriots at American Humane. This initiative trains dogs, many rescued from shelters, to become Certified Service Dogs and then gives them at no cost to veterans who are ailing with psychological difficulties from their combat.

Kids in the region will be able to see the blackboard and read their schoolbooks, thanks to our support of Lois' Vision4Kids at Bascom Palmer Eye Institute. This endeavor offers free vision screenings to schoolchildren and, if necessary, provides them with two pairs of prescription glasses, and sunglasses.

2025 promises to be a productive year for LIFE. And you know I love to fulfill my promises! So, please buy your tables, become sponsors, and purchase your tickets to the **Lady in Red Gala** if you haven't done so already.

Looking forward to seeing you on Sunday, March 2nd at The Breakers.

With love always,

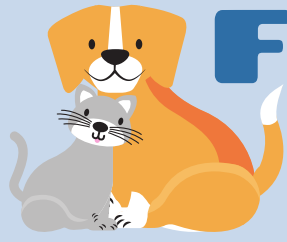
Lois



Lois Pope and comedian extraordinaire Jay Leno

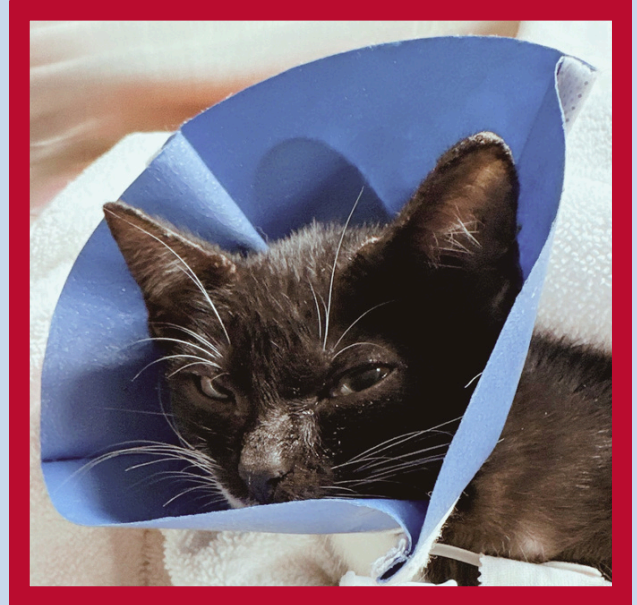
LOIS POPE DONATES 17TH AMBULANCE TO MAGEN DAVID ADOM





Friends4LIFE

You can't buy love, but you can rescue it.



Thanks to The Lois Pope Pet Clinic at Tri-County Animal Rescue's dedicated team Charlotte, a tiny kitten with a broken leg who was rescued from a coyote will soon be ready for adoption. They have also helped Airbud, a severely underweight stray dog on a carefully monitored plan make a miraculous recovery. Both are receiving the vital care they need. The clinic's work has been instrumental in reducing the heartbreaking necessity of euthanizing pets due to financial hardship.

Tri-County Animal Rescue's lifesaving efforts are made possible by the Lois Pope Pet Clinic, the only veterinary center in the Palm Beach, Broward, and Miami-Dade region offering low-cost and often free medical care to strays and pets from low-income families. Thanks to the incredibly generous endowment from Lois Pope, the clinic has been a beacon of hope for animals in need. Since opening in 2019, the clinic has spayed and neutered more than 11,000 animals, performed more than 18,000 successful surgeries, and provided care to over 25,000 pets—helping countless families and saving thousands of lives.

Together, we're making a real difference—one **life** at a time!

SAVE *the* DATE

**LOIS POPE AND LIFE CELEBRATE
LIFE'S 31ST ANNUAL**

LADY IN RED GALA

**MARCH 2, 2025 ✨ 6PM
THE BREAKERS | PALM BEACH**

**STARRING GLOBAL SUPERSTAR
PAUL ANKA**

**AND COMEDY ICON
JAY LENO**

Reserve your tables and sponsorships early for what promises to be a truly historic event.

Proceeds Benefit:

Disabled veterans through the Pups4Patriots initiative at American Humane and South Florida youth through PBC Food Bank's Lois' Food4Kids program & Lois' Vision4Kids program with Bascom Palmer Eye Institute

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